Finger Paint is a must in any preschool, daycare or home activity for young children.

Objective: Because is an excellent sensory activity for children, and in this case, as a group activity, it enhances their social skills and sense of belonging. We talk about what we can do together as a group. We read about fantasy dragons, and they agreed to paint a dragon using different colours. To add more stability, you can tape the paper to the table.

Material: Finger paint four colours and enough for each poster paper or papercraft.

You can make your own finger paint with:

-four cups of water

-One cup of cornstarch

-six tbsp granulated white sugar

-one tsp salt

-food colouring gel (different colours)

-small containers for storage.

-Paper

Use a medium-sized saucepan, add all your ingredients, and mix until combined, cooking in medium heat until the mixture thickens and separates into containers. Using a small spoon or stick, put a small amount of food colouring until you get the colour you want. Repeat with the other containers.

Before using, let it stand to cool and then use or close it.

Procedure: We talk about dragons and ask the children what they would like to paint as a group. Then after they decide what to paint, we will introduce the material paper and the finger paint. We will show the children how to do it, let them explore the material and start with the part they would like to do. What part of the body are they painting? If they want to move around to paint another piece, we let them explore the possibilities and meanwhile, we will take notes about what they are doing and saying. The activity finishes when the children end it.